The California State University Institute for Palliative Care at Cal State San Marcos announces some of the members of the faculty for its new online Post-MSW Palliative Certificate Program. The world-class faculty includes palliative care leaders from across the country and is led by well-known palliative care and hospice social worker and consultant, Gary Gardia.

The Post-MSW Palliative Care Social Work Certificate Program is the first and only online program designed to provide master’s-prepared social workers with the knowledge and skills to be successful working in palliative care in any health care setting. The program is comprised of three levels totaling 180 online classroom hours.

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**THE FIRST AND ONLY OF ITS KIND**

“This is the first and only fully online certificate program in palliative care for social workers. The curriculum is designed to help social workers enhance their palliative care knowledge and skills in a way that increases their value to their organization,” says Helen McNeal, Executive Director of the Institute.

“And with this faculty, participants will be learning from the very best.”

**FLEXIBLE. ONLINE. AFFORDABLE.**

“A flexible, cost-effective opportunity to enhance their skills is vitally important for social workers who want to demonstrate leadership in palliative care.

“It’s good for careers. It’s great for patients and families,” said faculty leader, Gary Gardia. And since the entire program is online, it’s convenient for social workers anywhere.”

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**STARTING FALL 2013**

www.CSUPalliativeCare.org
Gary Gardia, M.Ed., MSW, LCSW, CT – Gary has more than 25 years of experience as a hospice and palliative care social work leader and consultant. He served in leadership positions with National Hospice and Palliative Care Organization (NHPCO) including as the national section leader for Social Work and was instrumental in the creation of their Manager Development Program.

Gary has written and published extensively and has coauthored the book Leadership in Everyday Life: It Really is All About You as well as coauthoring a chapter in the Oxford Textbook of Palliative Social Work. Gary has also worked as a psychotherapist in private practice with a specialty in grief and loss, personal growth and development and substance abuse.

Shirley Otis-Green, MSW, ACSW, LCSW, OSW-C is a licensed clinical social worker and Senior Research Specialist in Nursing Research and Education at the City of Hope in Duarte, California. Shirley is the Principal Investigator of two National Cancer Institute-funded grants (the ACE Project and ExCEL in Social Work), and developed the nationally recognized Promoting Excellence in Pain Management and Palliative Care for Social Workers course.

She received a Social Work Leadership Award from the Project on Death in America and is a Mayday Pain and Society Fellow. She is on the editorial board of the Journal of Palliative Medicine and is a Distinguished Social Work Practitioner in the National Academies of Practice. Shirley and Terry Altilio are co-editors of the Oxford Textbook of Palliative Social Work, (2011).

Terry Altilio, MSW, LCSW, ACSW - Terry is coordinator of Social Work for the Department of Pain Medicine and Palliative Care at Beth Israel Medical Center. She is a recipient of a Mayday Pain and Society Fellowship Award 2006 and a Social Work Leadership Award from the Open Society Institute’s Project on Death in America. Terry Altilio is on the editorial board of the Journal of Social Work and End-of-Life Care. She has co-authored publications on pain and symptom management, psychosocial issues in palliative care and caregiver advocacy. She is co-editor with Shirley Otis-Green of the inaugural Oxford Textbook of Palliative Social Work.
Susan Hedland, MSW, LCSW - Susan is currently the Manager of Patient and Family Support Services at the Knight Cancer Institute at OHSU. She was previously the Director of Social Services and Palliative Care for Hospice and Palliative Care of Washington County in Portland Oregon, and is on the faculty of the School of Medicine at Oregon Health & Sciences University, as well as the Graduate School of Social Work at Portland State University. She speaks nationally and internationally, and publishes on topics related to coping with illness, end-of-life issues, and loss, most recently in the Oxford University Textbook on Social Work in Palliative Care. Additionally she served on the Oregon State Task Force to Improve the Care of Terminally Ill Oregonians, the Oregon Partnership for Cancer Control. She is the past chair of the Health Specialty Practice Section for NASW nationally.

Constance Dahlin, ANP, BC, ACHPN, FPCN, FAAN – Connie is the Director of Professional Practice at the Hospice and Palliative Nurses Association and an advanced practice nurse with extensive hospice and palliative care experience. She is clinical associate professor at the Massachusetts General Hospital Institute of Health Professions and faculty at the Harvard Medical School Center for Palliative Care. Ms. Dahlin is a Fellow of Hospice and Palliative Nursing and a Fellow of the American Academy of Nursing. Dahlin edited the second and third editions of the National Consensus Project for Quality Palliative Care Clinical Practice Guidelines for Quality Palliative Care.

Charles F. von Gunten, MD, PhD, FACP, FAAHPM - Dr. Charles F. von Gunten is the Vice President, Medical Affairs, Hospice and Palliative Care for the OhioHealth System based in Columbus, Ohio. He is Co-Principal for the Education for Physicians on End-of-life Care (EPEC) Project and its revision for oncology, EPEC-O, and the Editor-in-Chief of the Journal of Palliative Medicine. Dr. von Gunten received the bachelor of arts degree with honors from Brown University in Providence, Rhode Island in 1978.
Tara Schapmire, PhD, MSSW, CSW, CCM, OSW-C - Tara serves on the faculty of the University of Louisville’s School of Medicine and the Kent School of Social Work. She is involved in research and teaching for both schools and serves as co-investigator on a National Institutes of Health research grant focusing on development of an interdisciplinary oncology palliative care curriculum for schools of medicine, social work, nursing and chaplaincy residency programs.

Sandy Jones McClintic, LCSW, ACHP-SW – Sandy is the Social Work Section Chair for the National Council of Hospice and Palliative Care Professionals (NCHPP) of the National Hospice and Palliative Care Organization (NHPCO) and a social worker with Hospice of Arizona.

Kathryn Thornberry, LCSW - Kathryn is a Clinical Social Worker at Doris A. Howell Service at the University of California San Diego. Kathryn has over 15 years of experience in social work in both hospice and inpatient palliative care settings.

She is a trained forensic interviewer, trained family group decision making facilitator and approved by the Board of Behavioral Sciences to provide clinical supervision to associate social workers.

Jess Geevarghese, MSW, MBA - Director, Clinical Practice and Academic Affairs Support Services at HealthCare Chaplaincy. She holds MBA and MSW degrees from Washington University in St. Louis.
Post-MSW Certificate in Palliative Care
The first and only online certificate program designed to enhance the skills of MSWs in palliative care. The role of the social worker is central to palliative care’s goal of providing compassionate, patient and family-centered care that relieves the suffering and improves quality of life for those with serious or chronic illness.

The CSU Institute for Palliative Care’s Post-MSW Palliative Care Social Work Certificate Program is designed to provide master’s prepared social workers with the knowledge and skills to be successful working in a palliative care, interprofessional environment whether that is in a hospital, hospice or other setting.

Certificate Program Outline
All classes follow a three weeks on, one week off format.

LEVEL 1. LAYING THE FOUNDATION

Month 1
Level 1 Module 1: Palliative Care Social Workers: Exploring the Heart of Who We Are
- Week 1: Our History, Our Values, Our Path
- Week 2: Holistic and Interdisciplinary: The Lost Art
- Week 3: Palliative Care Settings – The Expanded Version

Month 2
1.2. The Social Worker: Team Member, Team Leader and Safari Guide
- Week 1: Advanced Team Practice: Why The Social Worker Should Take the Lead
- Week 2: Psychosocial/Spiritual Care? We Are Right There With You!
- Week 3: Yes: We Do Play a Vital Role in the Management of Pain

Month 3
1.3. Often Overlooked Critical Skills
- Week 1: Exposing Urban Myths with Critical Thinking
- Week 2: Is This the Right Path? Screening and Assessment
- Week 3: Beyond Emotional Support: Motivational Interviewing and Care Planning
LEVEL 2: ADVANCED SKILL DEVELOPMENT

Month 4


- Week 1: Informed by Research: New Perspectives on Grief and Loss
- Week 2: Doing Nothing is Motivated by Something: Motivational Interviewing Part II
- Week 3: Utilizing Clinical Techniques within Our Scope of Practice: CBT, Mindfulness, etc.

Month 5

2.2. Challenges and Opportunities: Working with Challenging Cases

- A Framework and Step Model for Addressing Everyday Challenges
- Working with Challenging Systems: Intrapersonal, Interpersonal, and Family Dynamics
- Is it Just a Personality Conflict? Personalities and Disorders

Month 6

2.3. The World of Palliative Care: Exploring Population Specific Practices

- “Underserved Populations“: Are We the Obstacle? Investigating Diversity and Inclusion
- Children and Teens Need Palliative Care Too!
- The Misunderstood: Gender, LGBTQ, Non-Religious

Month 7

2.4. Collaborating: It is What We Do!

- Social Work Alongside the Physician and Nurse
- Collaborating with Spiritual Care Folks and Their Communities
- The True Heart of the Team? Volunteer/Nursing Assistant Collaborations

Month 8

2.5. When Both Yes and No Seem Wrong: Ethics in Palliative Care

- Easier Said Than Done: Establishing and Maintaining Personal/Professional Boundaries
- Under the Microscope: Examining Palliative Sedation, Suicide and Choice
- Get Some Help! Ethics Committees, Bioethics and Resolving Ethical Dilemmas

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Month 9
2.6  Returning to Our Pioneer Spirit: The World of Palliative Care Today and Tomorrow

- Where Do We Fit? Challenges/Opportunities Facing Hospice/Healthcare Today
- Escaping the Medical Model: Social Work Leading the Way!
- What is Happening Around the World? Global Perspectives

LEVEL 3: PUTTING IT ALL TOGETHER

Month 10
3.1. Social Work Leadership

- Victims of Circumstance: Never! Not Us! Examining Systems at the Organizational Level
- Understanding the Alphabet Soup: COPs, JCAHO, CMS, etc.
- Enhancing Professionalism: Social Worker as Leaders

Month 11
3.2. Programs Developed by Social Workers to Meet Special Needs

- Program Development For and By Social Workers
- Specific New/Creative Programing Worldwide
- Updates from the World of Palliative Care: Recent Research and Available Resources

Month 12
3.3. Individual Projects/Program Conclusion

- Individual Project Preparation/Guide
- Individual Project Development and Coaching
- Individual Project Report/Review Discussions

See Gary Gardia's Post-MSW Palliative Care Certificate Introductory video.